

RAB CHALLENGE - CHESTERMERE REC CENTRE

Date	Start	End	Info	Leader	Team 1	Team 2	Location
19-Apr-24	10:15 AM	11:15 AM	Practice	Coach Mentors	WHITE	YELLOW	ARENA 2
19-Apr-24	12:00 PM	12:45 PM	Team Building	Team/Coaches	WHITE	WHITE	Boardroom 2 (20 people)
19-Apr-24	1:30 PM	2:00 PM	Shooting clinic	HP Athletes	WHITE	YELLOW	Soccer Fieldhouse (no turf) - shooting clinic
19-Apr-24	2:45 PM	4:00 PM	GAME	Team/Coaches	WHITE	YELLOW	ARENA 2
19-Apr-24	4:30 PM	5:45 PM	Nutrition	Can Sport	WHITE	YELLOW	Large Boardroom (50 people)
19-Apr-24	5:00 PM	6:00 PM	Coach Development	COACHES ONLY	WHITE	YELLOW	Boardroom 1 (20 people)
20-Apr-24	8:30 AM	9:30 AM	Fitness	Trainer	WHITE	YELLOW	Soccer Fieldhouse/Gymnasium
20-Apr-24	10:00 AM	11:00 AM	Practice	Coach Mentors	WHITE	YELLOW	ARENA 1
20-Apr-24	11:30 AM	12:00 PM	Strategy/game prep	Team/Coaches	WHITE	WHITE	Boardroom 1 (20 people)
20-Apr-24	2:15 PM	3:30 PM	GAME	Team/Coaches	RED	WHITE	ARENA 2
20-Apr-24	3:45 PM	4:45 PM	Coach Development	COACHES ONLY	WHITE	YELLOW	Boardroom 1 (20 people)
20-Apr-24	4:00 PM	5:00 PM	RGT Prep Time	Team/Coaches	WHITE	WHITE	Find your own space!
20-Apr-24	6:00 PM	7:00 PM	RAB's Got Talent	EVERYONE	EVERYONE	EVERYONE	Soccer Fieldhouse/Gymnasium
21-Apr-24	12:30 PM	1:45 PM	GAME	Team/Coaches	ROYAL	WHITE	ARENA 1

EVERYONE

ATHLETES/JR COACHES

TEAM COACHES