

RAB CHALLENGE - CHESTERMERE REC CENTRE

Date	Start	End	Info	Leader	Team 1	Team 2	Location
19-Apr-24	9:30 AM	10:15 AM	Team Building	Team/Coaches	SKY	SKY	Boardroom 1 (20 people)
19-Apr-24	11:15 AM	12:15 PM	Practice	Coach Mentors	MAROON	SKY	ARENA 1
19-Apr-24	1:00 PM	2:00 PM	Coach Development	COACHES ONLY	MAROON	SKY	Boardroom 1 (20 people)
19-Apr-24	1:00 PM	2:15 PM	Nutrition	Can Sport	MAROON	SKY	Large Boardroom (50 people)
19-Apr-24	2:45 PM	3:15 PM	Shooting clinic	HP Athletes	MAROON	SKY	Soccer Fieldhouse (no turf) - shooting clinic
19-Apr-24	4:00 PM	5:15 PM	GAME	Team/Coaches	MAROON	SKY	ARENA 1
20-Apr-24	8:30 AM	9:30 AM	Practice	Coach Mentors	MAROON	SKY	ARENA 2
20-Apr-24	10:00 AM	10:30 AM	Strategy/game prep	Team/Coaches	SKY	SKY	Boardroom 2 (20 people)
20-Apr-24	12:30 PM	1:45 PM	GAME	Team/Coaches	SKY	BLACK	ARENA 1
20-Apr-24	2:30 PM	3:30 PM	Coach Development	COACHES ONLY	MAROON	SKY	Boardroom 1 (20 people)
20-Apr-24	2:45 PM	3:45 PM	Fitness	Trainer	MAROON	SKY	Soccer Fieldhouse/Gymnasium
20-Apr-24	4:00 PM	5:00 PM	RGT Prep Time	Team/Coaches	SKY	SKY	Find your own space!
20-Apr-24	6:00 PM	7:00 PM	RAB's Got Talent	EVERYONE	EVERYONE	EVERYONE	Soccer Fieldhouse/Gymnasium
21-Apr-24	11:00 AM	12:15 PM	GAME	Team/Coaches	SKY	GREEN	ARENA 1

EVERYONE

ATHLETES/JR COACHES

TEAM COACHES