

## RAB CHALLENGE - CHESTERMERE REC CENTRE

Date	Start	End	Info	Leader	Team 1	Team 2	Location
19-Apr-24	10:00 AM	11:00 AM	Practice	Coach Mentors	RED	ROYAL	ARENA 1
19-Apr-24	11:15 AM	12:00 PM	Team Building	Team/Coaches	ROYAL	ROYAL	Boardroom 1 (20 people)
19-Apr-24	1:00 PM	1:30 PM	Shooting clinic	HP Athletes	RED	ROYAL	Soccer Fieldhouse (no turf) - shooting clinic
19-Apr-24	2:30 PM	3:45 PM	GAME	Team/Coaches	RED	ROYAL	ARENA 1
19-Apr-24	4:30 PM	5:45 PM	Nutrition	Can Sport	RED	ROYAL	Large Boardroom (50 people)
19-Apr-24	5:00 PM	6:00 PM	Coach Development	COACHES ONLY	RED	ROYAL	Boardroom 1 (20 people)
20-Apr-24	8:45 AM	9:15 AM	Strategy/game prep	Team/Coaches	ROYAL	ROYAL	Boardroom 2 (20 people)
20-Apr-24	9:45 AM	10:45 AM	Practice	Coach Mentors	RED	ROYAL	ARENA 2
20-Apr-24	11:30 AM	12:30 PM	Fitness	Trainer	RED	royal	Soccer Fieldhouse/Gymnasium
20-Apr-24	12:30 PM	1:30 PM	Coach Development	COACHES ONLY	RED	ROYAL	Boardroom 1 (20 people)
20-Apr-24	2:00 PM	3:15 PM	GAME	Team/Coaches	ROYAL	YELLOW	ARENA 1
20-Apr-24	3:45 PM	4:45 PM	RGT Prep Time	Team/Coaches	ROYAL	ROYAL	Find your own space!
20-Apr-24	6:00 PM	7:00 PM	RAB's Got Talent	EVERYONE	EVERYONE	EVERYONE	Soccer Fieldhouse/Gymnasium
21-Apr-24	12:30 PM	1:45 PM	GAME	Team/Coaches	ROYAL	WHITE	ARENA 1

EVERYONE

ATHLETES/JR COACHES

TEAM COACHES