

RAB CHALLENGE - CHESTERMERE REC CENTRE

Date	Start	End	Info	Leader	Team 1	Team 2	Location
19-Apr-24	10:30 AM	11:45 AM	Nutrition	Can Sport	PURPLE	ORANGE	Large Boardroom (50 people)
19-Apr-24	12:30 PM	1:30 PM	Practice	Coach Mentors	PURPLE	ORANGE	ARENA 1
19-Apr-24	2:15 PM	3:00 PM	Team Building	Team/Coaches	PURPLE	PURPLE	Boardroom 2 (20 people)
19-Apr-24	4:00 PM	5:00 PM	Coach Development	COACHES ONLY	ORANGE	PURPLE	Boardroom 1 (20 people)
19-Apr-24	4:00 PM	4:30 PM	Shooting clinic	HP Athletes	PURPLE	ORANGE	Soccer Fieldhouse (no turf) - shooting clinic
19-Apr-24	5:30 PM	6:45 PM	GAME	Team/Coaches	PURPLE	ORANGE	ARENA 1
20-Apr-24	8:30 AM	9:30 AM	RGT Prep Time	Team/Coaches	PURPLE	PURPLE	Find your own space!
20-Apr-24	9:30 AM	10:00 AM	Strategy/game prep	Team/Coaches	PURPLE	PURPLE	Boardroom 1 (20 people)
20-Apr-24	11:00 AM	12:00 PM	Practice	Coach Mentors	PURPLE	ORANGE	ARENA 2
20-Apr-24	12:30 PM	1:30 PM	Coach Development	COACHES ONLY	PURPLE	GREY	Boardroom 1 (20 people)
20-Apr-24	1:30 PM	2:30 PM	Fitness	Trainer	PURPLE	ORANGE	Soccer Fieldhouse/Gymnasium
20-Apr-24	3:45 PM	5:00 PM	GAME	Team/Coaches	PURPLE	GREY	ARENA 2
20-Apr-24	6:00 PM	7:00 PM	RAB's Got Talent	EVERYONE	EVERYONE	EVERYONE	Soccer Fieldhouse/Gymnasium
21-Apr-24	9:30 AM	10:45 AM	GAME	Team/Coaches	PURPLE	PINK	ARENA 1

EVERYONE

ATHLETES/JR COACHES

TEAM COACHES