

RAB CHALLENGE - CHESTERMERE REC CENTRE

| Date | Start | End | Info | Leader | Team 1 | Team 2 | Location |
|-----------|----------|----------|--------------------|---------------|----------|----------|---|
| 19-Apr-24 | 10:30 AM | 11:45 AM | Nutrition | Can Sport | GREY | PINK | Large Boardroom (50 people) |
| 19-Apr-24 | 12:45 PM | 1:45 PM | Practice | Coach Mentors | GREY | PINK | ARENA 2 |
| 19-Apr-24 | 3:00 PM | 3:45 PM | Team Building | Team/Coaches | GREY | GREY | Boardroom 2 (20 people) |
| 19-Apr-24 | 4:00 PM | 5:00 PM | Coach Development | COACHES ONLY | GREY | PINK | Boardroom 1 (20 people) |
| 19-Apr-24 | 4:30 PM | 5:00 PM | Shooting clinic | HP Athletes | GREY | PINK | Soccer Fieldhouse (no turf) - shooting clinic |
| 19-Apr-24 | 5:45 PM | 7:00 PM | GAME | Team/Coaches | GREY | PINK | ARENA 2 |
| | | | | | | | |
| 20-Apr-24 | 8:30 AM | 9:30 AM | RGT Prep Time | Team/Coaches | GREY | GREY | Find your own space! |
| 20-Apr-24 | 9:45 AM | 10:45 AM | Fitness | Trainer | GREY | PINK | Soccer Fieldhouse/Gymnasium |
| 20-Apr-24 | 11:15 AM | 12:15 PM | Practice | Coach Mentors | GREY | PINK | ARENA 1 |
| 20-Apr-24 | 12:30 PM | 1:30 PM | Coach Development | COACHES ONLY | PURPLE | GREY | Boardroom 1 (20 people) |
| 20-Apr-24 | 2:00 PM | 2:30 PM | Strategy/game prep | Team/Coaches | GREY | GREY | Boardroom 1 (20 people) |
| 20-Apr-24 | 3:45 PM | 5:00 PM | GAME | Team/Coaches | PURPLE | GREY | ARENA 2 |
| 20-Apr-24 | 6:00 PM | 7:00 PM | RAB's Got Talent | EVERYONE | EVERYONE | EVERYONE | Soccer Fieldhouse/Gymnasium |
| | | | | | | | |
| 21-Apr-24 | 9:15 AM | 10:30 AM | GAME | Team/Coaches | ORANGE | GREY | ARENA 2 |

EVERYONE

ATHLETES/JR COACHES

TEAM COACHES