

RAB CHALLENGE - CHESTERMERE REC CENTRE

Date	Start	End	Info	Leader	Team 1	Team 2	Location
19-Apr-24	10:15 AM	11:00 AM	Team Building	Team/Coaches	GREEN	GREEN	Boardroom 2 (20 people)
19-Apr-24	11:30 AM	12:30 PM	Practice	Coach Mentors	GREEN	BLACK	ARENA 2
19-Apr-24	1:00 PM	2:00 PM	Coach Development	COACHES ONLY	GREEN	BLACK	Boardroom 1 (20 people)
19-Apr-24	1:00 PM	2:15 PM	Nutrition	Can Sport	GREEN	BLACK	Large Boardroom (50 people)
19-Apr-24	3:15 PM	3:45 PM	Shooting clinic	HP Athletes	GREEN	BLACK	Soccer Fieldhouse (no turf) - shooting clinic
19-Apr-24	4:15 PM	5:30 PM	GAME	Team/Coaches	GREEN	BLACK	ARENA 2
20-Apr-24	8:45 AM	9:45 AM	Practice	Coach Mentors	GREEN	BLACK	ARENA 1
20-Apr-24	10:30 AM	11:00 AM	Strategy/game prep	Team/Coaches	GREEN	GREEN	Boardroom 1 (20 people)
20-Apr-24	12:45 PM	2:00 PM	GAME	Team/Coaches	MAROON	GREEN	ARENA 2
20-Apr-24	2:45 PM	3:45 PM	RGT Prep Time	Team/Coaches	GREEN	GREEN	Find your own space!
20-Apr-24	3:45 PM	4:45 PM	Coach Development	COACHES ONLY	BLACK	GREEN	Boardroom 1 (20 people)
20-Apr-24	4:00 PM	5:00 PM	Fitness	Trainer	GREEN	BLACK	Soccer Fieldhouse/Gymnasium
20-Apr-24	6:00 PM	7:00 PM	RAB's Got Talent	EVERYONE	EVERYONE	EVERYONE	Soccer Fieldhouse/Gymnasium
21-Apr-24	11:00 AM	12:15 PM	GAME	Team/Coaches	SKY	GREEN	ARENA 1

EVERYONE
 ATHLETES/JR COACHES
 TEAM COACHES