

### ...IF YOU'RE WITH US CLAP YOUR HANDS!

Hey ringette fans! Let's keep it positive and respectful on and off the ice. Whether you're a player or a spectator, every athlete deserves support.

#### **WE ARE ALL FANS OF RINGETTE!**

Show your support by choosing HYPE not HATE!

It's up to all of us to represent the amazing community that is ringette.



## THIS IS HOW TO CHEER

- Wear Your Team's Swag Proudly
- Create Uplifting Chants and Cheers
- Celebrate Every Success, Big or Small
- Applaud Good Plays by Both Teams
- Encourage Fair Play and Sportsmanship
- Engage in Friendly Banter, Not Insults
- Respect the Referees' Decisions
- Offer High Fives and Fist Bumps to Fellow Fans
- Stay Positive, Even in the Face of Adversity
- Spread Positivity Beyond the Stadium

Athletes are encouraged by POSITIVE cheering in the stands!



# THIS IS NOT CHEERING

- Booing or Heckling Players, Coaches, or Officials
- Using Offensive Language or Gestures
- Making Personal Attacks or Insults
- Throwing Objects
- Engaging in Physical Altercations
- Discriminating Against Players or Fans Based on Race, Gender, or Ethnicity
- Taunting or Bullying Opposing Fans
- Disrupting the Game with Excessive Noise or Disturbances
- Ignoring Safety Guidelines or Rules
- Spreading Negativity or Hostility

Don't be suprised if you are asked to leave.

### YOU ARE RESPONSIBLE TO ENCOURAGE HYPE NOT HATE!

Parents, coaches, and spectators alike play a crucial role in shaping the atmosphere of sporting events. Remember, there are children watching this behaviour, learning from our actions. Let's set a positive example and cultivate a culture of respect and enthusiasm in sports.

REMINDER: There will be consequences for BAD SPECTATOR BEHAVIOR.