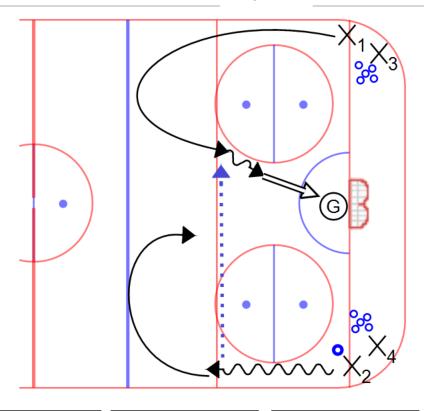
Category #1 : Passing

Category #2 : Shooting

Title: Half Ice Horseshoe

Content elements: Components :



**Key Points:** 

feet moving

flat pass

feet moving

hit the net

## **Description**

X1 starts skating, looping out to almost the blue line. X2 starts skating and makes a pass that goes straight across the ice, parallel to the ringette line. X1 picks up the ring and takes a shot on net, putting the rebound in the net as well. Goalie can ignore the rebound.

X2 then continues the same pattern. X3 starts skating and makes another parallel (flat) pass to X2 and X2 shoots. X3 skates the same pattern etc.