

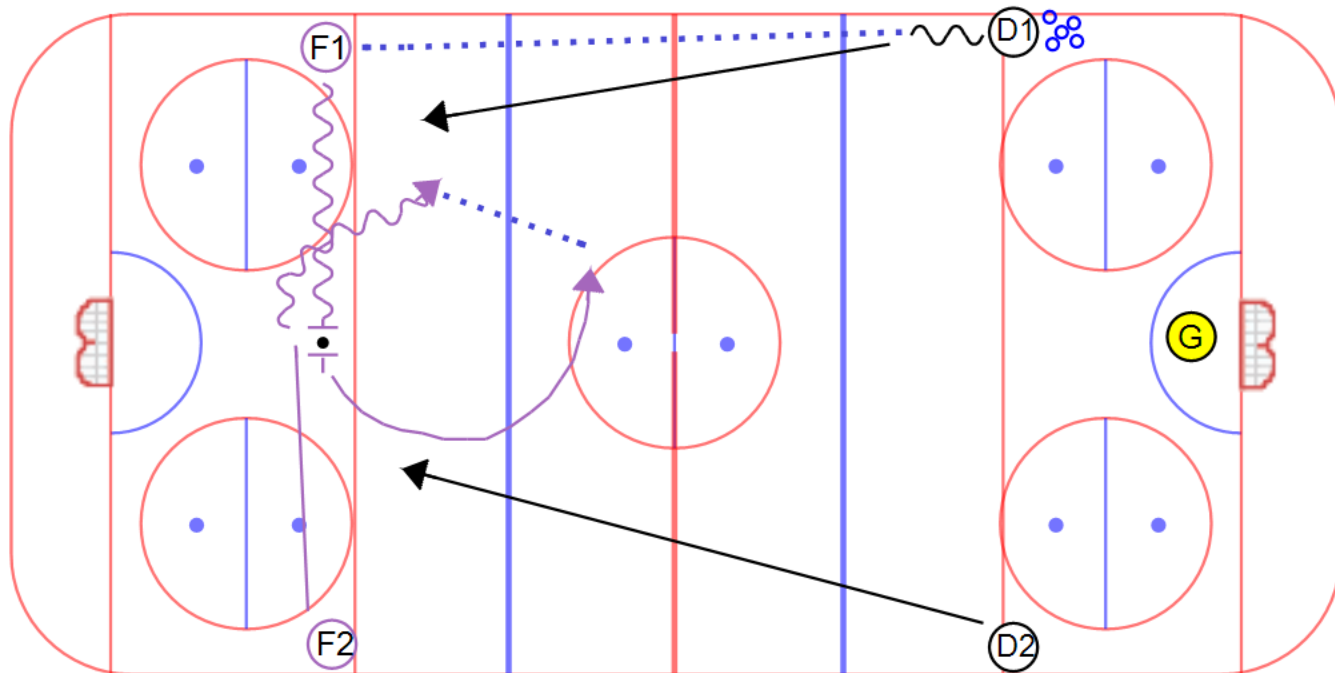
Category #1 :

Title : Tulo's Box

Category #2 :

Content elements : 2v2

Components:



Key points :

Description

D1 or D2 can start with a ring and pass it down to the forward line. The forwards cross and make a drop pass, and then break up the ice in a 2 v 2. The D need to mark as tightly as they can all the way back down the ice.

The forwards need to work to create a scoring opportunity.

When marking, the D should be able to see both the play and their player, maintaining goalside-inside position.