



SPIRIT POINTS

Over the course of the weekend we are looking for athletes to get into the team spirit and show their team colours! Earn spirit points over the weekend by doing any of the following:

- Make a team banner (5 points)
- Teach your parents a cheer (10 points)
- Wear your team colours! (morph suits encouraged) (1 point per player/parent dressed up per day)
- Paint your face in your team colours (1 point per player/parent with face painted per day)
- Cheer on another team (10 points)
- Best team selfie (10 points) (tweet or Instagram us @ringettealberta)
- Report the name(s) of your Referee(s) from your game to a Ringette Alberta staff (5 points – once per game)
- Make a banner/sign for the Referees of the event (10 points)
- Hand in your completed Human Scavenger Hunt (1 point per copy handed in)
- BONUS: Creative ideas will be rewarded! Especially those with a sportsmanship or “Friends First” focus.

There will be an air band competition Saturday evening. The winner will receive 25 spirit points and the runner up will receive 15 spirit points!

The team with the most spirit points will be rewarded Sunday morning at their game!