



1) Drop Pass w/ Low Walk

As X1 moves out from behind the net, C and D1 must close the gap to prevent a drive between them. As X2 sets up for a drop pass, D1 must recognize this and have her stick down to intercept pass. If drop pass is made and D1 is beat on the drive, D2 must react quickly.

2) **THE SWITCH...** As X2 receives the ring and drives low, D2 steps down to prevent X2 from driving across the crease. D2's main focus is to stop ring carrier from crossing past the post. is the imaginary barrier. D1 must SWITCH to the opposite side to cover any cross crease or middle passing lanes. C stays with X1 and prevents her from driving down middle to receive a one-timer pass.

3) All defensive players MUST have their sticks down to cover all passing lanes and use their bodies to box players out from our goaltenders (always **GOAL SIDE!**)