

	FUNDAMENTALS Stage 1	LEARNING TO TRAIN Stage 2	TRAINING TO TRAIN Stage 3	TRAINING TO COMPETE / LEARN TO WIN Stage 4	COMPETING TO WIN Stage 5
Stage Overview	In this stage participants are introduced to the Fundamentals of officiating.	This stage provides support/programs to officials to ensure fundamental skills have been acquired and prepare them for the next stages of development. Officials are provided the information with regards to the programs and opportunities. This is to help them understand what is required to progress through the system.	This is an important stage in which there are opportunities for both competitive and community level officials. Officials who have the ability and desire to move into more advanced levels of Ringette will enter the road towards the High Performance stream, while officials who do not wish to make that commitment can continue can continue to improve their skills and enjoy officiating in the community level programs.		This stage is set to develop High Performance Ringette Officials who will achieve success at major international events. To achieve peak performances in major competition, officials in this stage will have achieved a 'performance on demand' level of officiating through physical, mental and technical preperations.
Skills - On Ice (Official				
			COMPETITION / COMMUNITY	COMPETITION	EXCELLENCE
Athletic skills	Develop forward skating (keep up with play)	Further Develop forward skating (keep up with play)	Consolidate forward skating (keep up with play)	Refine forward skating (keep up with play	Maintain forward skating (keep up with play
	Develop backward skating (Keep up with play)	Further Develop backward skating (Keep up with play)	Consolidate backward skating (Keep up with play)	Refine backward skating (Keep up with play)	Maintain backward skating (Keep up with play)
		Introduce Endurance / Cardio	Develop Endurance / Cardio	Consolidate Endurance / Cardio	Refine Endurance / Cardio
* see chart*		Develop - Pivot	Consolidate- Pivot	Refine - Pivot	Maintain - Pivot
	Develop - Starts and Stops	Consolidate - Starts and Stops	Refine - Starts and Stops	Maintain- Starts and Stops	Maintain- Starts and Stops
			Develop agility\acceleration	Consolidate agility\acceleration (Able to avoid the ring and players at increased speed)	Refine agility\acceleration
					EXCELLENCE
	Introduce ring placement.	Develop ring placement	Consolidate ring placement.	Refine ring placement.	Maintain ring placement.
Mechanics					
	Introduce Basic signals: Violations, Delayed violations, 5 second count, 2 line, goalie ring, crease, all clear, Goal	Consolidate Basic signals: Violations, Delayed violations, 5 second count, 2 line, goalie ring, crease, all clear, Goal	Refine Basic signals: Violations, Delayed violations, 5 second count, 2 line, goalie ring, crease, all clear, Goal	Maintain Basic signals: Violations, Delayed violations, 5 second count, 2 line, goalie ring, crease, all clear, Goal	Maintain Basic signals: Violations, Delayed violations, 5 second count, 2 line, goalie ring, crease, all clear, Goal
		Introduce 'advanced' signals: Shot clock, Penalties.	Consolidate 'advanced' signals: Shot clock, Penalties.	Refine 'advanced' signals: Shot clock, Penalties.	Maintain 'advanced' signals: Shot clock, Penalties.
	Introduce Penalty Mechanics	Develop Penalty Mechanics	Consolidate Penalty Mechanics	Refine Penalty Mechanics	Maintain Penalty Mechanics
			Intro/Develop mechanics on multiple penalties	Consolidate mechanics on multiple penalties	Maintain mechanics on multiple penalties
	Intro / Develop - Blows whistle	Consolidate - Blows whistle	Refine- Blows whistle	Maintain- Blows whistle	Maintain - Blows whistle
	Intro - Report goals	Develop- Report goals	Consolidate and refine- Report goals	Maintain - Report goals	Maintain- Report goals



	Introduce/Develop- skating while signalling	Develop- skating while signalling	Consolidate - skating while signalling	Refine - skating while signalling	Maintain- skating while signalling
	Intro - Verbalize calls	Develop - Verbalize calls	Consolidate - Verbalize calls	Refine- Verbalize calls	Maintain - Verbalize calls
	Introduction of injury mechanics	Develop/Consolidate of injury mechanics	Refine of injury mechanics	Maintain of injury mechanics	Maintain of injury mechanics
	Introduce - Violation Mechanics	Develop Violation mechanics	Consolidate Violation mechanics	Refine Violation mechanics	Maintain Violation mechanics
			Introduce/Develop mechanics misconduct, match penalties and penalty shots	Consolidate/Refine mechanics misconduct, match penalties and penalty shots	Maintain mechanics misconduct, match penalties and penalty shots
Positioning	Intro / Develop- basic positions during the play	Consolidate - basic positions during the play	Maintain - basic positions during play	Maintain - basic positions during play	Maintain - basic positions during play
	Intro / Develop- Positioning to start the play (after stoppage)	Consolidate- Positioning to start the play (after stoppage)	Maintain Positioning to start the play (after stoppage)	Maintain Positioning to start the play (after stoppage)	Maintain Positioning to start the play (after stoppage)
		Develop - Advanced Positioning	Consolidate - Advanced Positioning	Refine- Advanced Positioning	Maintain - Advanced Positioning
		Introduce/Develop timing of pivot	Consolidate timing of pivot	Refine timing of pivot	Maintain timing of pivot
		Introduce/Develop avoidance	Develop/Consolidate avoidance	Refine avoidance	Maintain avoidance
			Introduce/Develop mystifiers	Develop / Consolidate mystifiers	Refine mystifiers
		Intro Zone of coverage	Develop Zone of coverage	Consolidate/Refine Zone of coverage	Maintain Zone of coverage
			Intro/Develop - GO GO GO (read the play) - play anticipation	Consolidate - GO GO GO (read the play) - play anticipation	Refine and Maintain - GO GO GO (read the play) - play anticipation
Mental agility			COMPETITION	COMPETITION	EXCELLENCE
	Decision Training - Introduce decision making	Decision Training - Develop/Consolidate decision making	Decision Training - Develop/Consolidate decision making in a competitive environment	Decision Training - Refine decision making in a competitive environment	Decision Training - Maintain decision making in a competitive environment
	Introduction - Anxiety Management / Emotional Control	Develop- Anxiety Management / Emotional Control	Consolidate- Anxiety Management / Emotional Control	Refine- Anxiety Management / Emotional Control	Maintain - Anxiety Management / Emotional Control
	Introduce/Develop - Fair Play and Ethics Concepts (Impartial)	Consolidate - Fair Play and Ethics Concepts (Impartial)	Refine - Fair Play and Ethics Concepts (Impartial)	Maintain Fair Play and Ethics Concepts (Impartial)	Maintain- Fair Play and Ethics Concepts (Impartial)
		Introduce Game Preparation & Routine	Develop/Consolidate - Game Preparation & Routine	Refine - Game Preparation & Routine	Maitnain - Game Preparation & Routine
			Intro/Develop - Goal Setting – long & short term, process & outcome	Consolidate - Goal Setting – long & short term, process & outcome	Maintain – long & short term, process & outcome
		Introduce/Develop- Focus Management / Attentional Control - concentration strategies	Consolidate - Focus Management / Attentional Control - concentration strategies	Refine - Focus Management / Attentional Control - concentration strategies	Maintain - Focus Management / Attentional Control - concentration strategies



	Introduction - Communication (Dealing with coaches, Other Officials, Athletes) Introduction - Teamwork (with partner and supervisor)	with coaches, Other Officials, Athletes)	Introduce Self-Awareness – positive thinking, attitude & adjustment (self evaluation) Consolidate - Communication (Dealing with coaches, Other Officials, Athletes) Consolidate- Teamwork (with partner and supervisor) Develop/Consolidate - Conflict Resolution	Develop Self-Awareness – positive thinking, attitude & adjustment (self evaluation) Refine - Communication (Dealing with coaches, Other Officials, Athletes) Refine - Teamwork (with partner and supervisor) Refine- Conflict Resolution	Refine Self-Awareness – positive thinking, attitude & adjustment (self evaluation) Maintain - Communication (Dealing with coaches, Other Officials, Athletes) Maintain - Teamwork (with partner and supervisor) Maintain - Conflict Resolution
		Introduction of judgement calls	Develop judgement calls and advantage calls	Consolidate judgement calls and advantage calls	Refine judgement calls and advantage calls
			Intro/Develop - Game Management	Consolidate - Game Management	Refine- Game Management
Minimum Age	14 - This is a suggested minum age. The average would demontrate that 14 is the age at which somone has acquired the nessary skills. Based on devolpement principles, it is possible to have a younger official who demontrates all required compentencies.				
Knowledge			COMPETITION / COMMUNITY	COMPETITION	EXCELLENCE
	Introduce /Develop Basic Rules of the game	Consolidate Basic Rules of the game	Maintain Basic Rules of the game	Maintain Basic Rules of the game	Maintain Basic Rules of the game
	Introduce/Develop violations (Blue line, two line, crease)	Consolidate violations (Blue line, two line, crease)	Refine violations (Blue line, two line, crease)	Maintain violations (Blue line, two line, crease)	Maintain violations (Blue line, two line, crease)
		Introduce/Develop penalty concepts, shot clock, any three in	Consolidate penalty concepts, shot clock, any three in	Refine penalty concepts, shot clock, any three in	Maintain penalty concepts, shot clock, any three in
			Intro / Develop ability to expand on rule clarification (Case Book)	Consolidate ability to expand on rule clarification (Case Book)	Refine ability to expand on rule clarification (Case Book)
				Consolidate - Quote from Casebook	Quote from Casebook
Training – On I	ce Official				
			COMPETITION/COMMUNITY	COMPETITION	EXCELLENCE
	Pre season:				Pre event:
Training Required (type of 'clinic')		Rules and officiating knowledge should be tested - Appropriate to officiating level	Rules and officiating knowledge should be tested - Appropriate to officiating level	Rules and officiating knowledge should be tested - Appropriate to officiating level	Rules and officiating knowledge should be tested - Appropriate to officiating level



		Review session - Mechanics,	Review session - Mechanics, Technical	Review session - Mechanics, Technical	Review session - Mechanics, Technical
		Technical Knowledge and Positionning for this stage.	Knowledge and Positionning for this stage.	Knowledge and Positionning for this stage.	Knowledge and Positionning for this stage.
	What does a training session look like?				What does a selection session look like?
	Competency based learning, adult learning	Competency based learning, based on	Competency based learning, based on	Competency based learning, based on	Competency based performance and
	prinicples	adult learning prinicples.	adult learning prinicples.	adult learning prinicples.	knowledge testing - measurable outcomes.
	Learning environment to include theory and practical componants	Learning environment to include theory and practical componants	Learning environment to include theory and practical componants	Learning environment to include theory and practical componants	Learning environment to include theory and practical componants.
	On and off-ice mentorship support should be provided early in the stage.	Orientation on NOCP, Programs/Opportunities and Progression provided in this stage			
		Testing to ensure FUNdamentals have been acquired	On-ice benchmarks estabilshed and officials are tested yearly.	On-ice benchmarks estabilshed and officials are tested yearly.	On-ice benchmarks are established and must be reached by officials.
	FOCUS - Teaching	Focus - Coaching and Teaching	Focus - Coaching and Technical	Focus - Technical and Evaluation	Focus - Evaluation and Performance
	Leader - Instructor/Teacher	Leader - Facilitator	Leader - Facilitator and Instructor	Leader - Facilitator and Evaluator	Leader - Evaluator
	Event Requirements:		Pre-event exam - Practical and Technical	Pre-event exam - Practical and Technical	
			(Provincials)	(CRC, NRL, CWG)	
Practice to			COMPETITION / COMMUNITY	COMPETITION	EXCELLENCE
	70.:30	70.:30	60.:40	40.:60	25.:75
Practice			Monthly online Quiz		
			Powerskating		
		Sch	neduled Sessions with the 'Pro' / Coach you	u in a game	
			Off ice fitness programs		
			Instruct a Clinic/ Camp / Development ope	ortunity	
			Development Camps / Officiating scho	ool.	
			Take part in rules discussion sessions at		
			Read Rule Book (Casebook)		
			Video Feedback		
		**NOTE: Each of these pro	ograms and/or suggestions should be spec	cific to each stage of development.	
Resources - Or	n Ice Official				
Supervisor Role			COMPETITION	COMPETITION	EXCELLENCE
	Teaching - game	Coaching - Skills, Concepts	Coach - Technical aspects of officiating	Evaluator with ability to provide good feedback (coach).	Supervisor / evaluator - able to pick up on fine details to bring officials closer to perfection of skills and habilities.
			COMMUNITY		
			Coaching and teaching role. Keep		
			officials motivated to stay involved (meet their specifics needs - motivation)		



Use of technology feedback	Utilise coaches to provide general feedback (Appearance, Communication, Fair Play) - either post game form or Online resource.											
	ALL Officiating Resources online Online videos of what is the game Online videos w/ quiz											
									(Get rid of the clinic overheads use ie : Po	owerPoint	
									Have more than one pers	son update the clinic material (too many mis	stakes and/or missing information	
		Ĩ										
Programs			COMPETITION	COMPETITION	EXCELLENCE							
Ex: U19, AAA	Format to enable mid/late season entry into officiating	Yearly refresh oportunities to ensure continued development and rules knowledge	Yearly refresh oportunities to ensure continued development and rules knowledge	Yearly refresh oportunities to ensure continued development and rules knowledge	Yearly refresh oportunities to ensure continu development and rules knowledge							
	Entry program for new officials (eg Come Try It Program)	Progress Tracking Tool	Predetermined yearly development opportunities (eg Tournaments, camps, etc.)	Predetermined yearly development opportunities (eg Tournaments, camps, etc.)	Predetermined yearly development opportunities (eg Tournaments, camps, etc.							
	Associations to include Officials in Power Skating sessions.	Associations to include Officials in Power Skating sessions.	Associations to include Officials in Power Skating sessions.	Associations to include Officials in Power Skating sessions.	Associations to include Officials in Power Skating sessions.							
			Financial assistance or programs to enable officials to access development opportunities.	Financial assistance or programs to enable officials to access development opportunities.	Financial assistance or programs to enable officials to access development opportunities							
			Off ice training program designed for officials	Off ice training program designed for officials	Off ice training program designed for officials							
			Nutrition program designed for officials	Nutrition program designed for officials	Nutrition program designed for officials							
			COMMUNITY									
			Opportunities to focus on fun and skill development of both athletes and officials									
			Associations to include Officials in Power Skating sessions.									
			Yearly refresh oportunities to ensure continued development and rules knowledge									
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Recognition						
Recognition\miles tones	National Recog	National Recognition program 5 years, 10 Years, 15 years etc. Same one Nationally and sent to each official upon completion of each milestone				
	Associate recognition (token) with acheivement of each 'level' of officiating.					
			COMPETITION	COMPETITION	EXCELLENCE	
	Event based tokens for levels of acheivement	Event based tokens for levels of acheivement (Tournaments, Regionals)	Event based tokens for levels of acheivement (Provincial)	Event based tokens for levels of acheivement (Nationals)	Event based tokens for levels of acheivement (International)	
	Participation in Events - Festivals, Tournaments.	Participation in Events - Tournaments, Regionals	Invitation to Events - Provincials, East/Westerns	Invitation to Events - Nationals, CWG	Invitation to Events - WRC, U19, WCC	
			COMMUNITY			
			Event based tokens for levels of acheivement (Tournaments, Regionals)			
			Invitation to Events - Tournaments, Regionals			
	Token examples: Ring, Jacket, Plaques, Je	rseys, Whistles, Letter of recognition, Ba	adge, Pins, Skate sharpen card, coin, gift o	ertificate, helmet, etc		
Recovery requir	rements – On Ice Official					
	r day are based on highest caliber		h stage.			
Max games per day				COMPETITION	EXCELLENCE	
	2 - 3 game max and no back to back game	3 - 4 game	4 games (No back to back)	2 Games (No back to back)	1 Game per day	
			COMMUNITY			
			4 games			
Max games per event (Fri- Sun)		I	COMPETITION	COMPETITION	EXCELLENCE	
	6-7 games	8 Games	10 games	2 X the numbers of event days	1 Game per day	
				One recovery day (Mid event) - 1 game	Rest day during event - depending on length	
	•		COMMUNITY 10 games			
Rest time required			COMPETITION	COMPETITION	EXCELLENCE	
	2hrs	2 hrs between games, 3 hours between back to back games.	3 hrs between the games	4-5 hrs between games	N/A	
			COMMUNITY 2 hrs between games, 3 hours between	-		
			back to back games.			



Rest time required	1		COMPETITION	COMPETITION	EXCELLENCE
ricot time required	10 hours include:	10 hours include:	12 hours include:	12 hours include:	12 hours include:
	Need 8 hours of sleep	Need 8 hours of sleep	Need 8 hours of sleep	Need 8 hours of sleep	Need 8 hours of sleep
	1 hours after last game	1 hours after last game	2 hours after last game	2 hours after last game	2 hours after last game
	1 hours before first game	1 hours before first game	2 hours before first game	2 hours before first game	2 hours before first game
			COMMUNITY		
			11 hours	-	
			Need 8 hours of sleep		
			1 hours after last game		
			2 hours before first game		
Other notes:			COMPETITION	COMPETITION	EXCELLENCE
	Need to eat fruit and drink water / Gatorade	Need to eat fruit and drink water / Gatorade	Officials to follow Officiating Nutrition Guide	Officials to follow Officiating Nutrition Guide	Officials to follow Officiating Nutrition Guide
	Pre game warm up and Post Game Cool Down	Pre game warm up and Post Game Cool Down	Warm Up and Cool Down (See Fitness Guide)	Warm Up and Cool Down (See Fitness Guide)	Warm Up and Cool Down (See Fitness Guide)
	Good diet during events	Good diet during events		rition, mental skills training, sport-specific p	hysical preparation, injury prevention, recovery
			COMMUNITY Need to eat fruit and drink water / Pre game warm up Good diet during events		
Competition – (On Ice Official				
Suggested level of			COMPETITION	COMPETITION	EXCELLENCE
	U9 (Bunny)	U10 (Novice)	U14 (Tween) - Competition	U16 CRC	U19
	U10 (Novice)	U12 (Petite)	U16 (Junior) - Competition	U19 CRC	wcc
		U14 (Tween) - Community	U19 (Belle) - Competition	NRL	WRC
	-		18+ (Open) - Competition	CWG	
	4		Eastern and Western championship		
	-		COMMUNITY	-	
			COMMUNITI		
	-		U14 (Tween) - Community		
	-				
			U14 (Tween) - Community		
			U14 (Tween) - Community U16 (Junior) - Community		
Number of officials per Game NOTE: Matrix	Early stage 3 officials - mentorship		U14 (Tween) - Community U16 (Junior) - Community U19 (Belle) - Community		EXCELLENCE
officials per Game		2 on-ice officials	U14 (Tween) - Community U16 (Junior) - Community U19 (Belle) - Community 18+ (Open) - Community	COMPETITION 2 on-ice officials	EXCELLENCE 2 on-ice officials



	Ensure officials are supported in every	1 Shotclock opperator	1 Shotclock opperator	1 Shotclock opperator	1 Shotclock opperator
	game	1 Shotelock opperator			
		Supevisor (Coach) during events and		2 Supervisor (Evaluator) - All Games	2 Supervisor (Evaluator) - All Games
		selected games (mid season)	3rd of the season.		
			COMMUNITY		
			2 on-ice officials		
			1 Time/Scorekeeper		
			1 Shotclock opperator		
			Supevisor (Coach) during events and selected games (mid season)		
			selected games (mid season)		
Events			COMPETITION	COMPETITION	EXCELLENCE
	Festivals, Tournaments.	Tournaments, Regionals	Provincials, East/Westerns	CRC, NRL, CWG	WRC, U19, WCC
			COMMUNITY		
			Festivals, Tournaments, Regionals		
Selection process			COMPETITION	COMPETITION	EXCELLENCE
	ALL INCLUSIVE, OPEN Process, if you want to go and there are games are you competency level, you get to go.	ALL INCLUSIVE, OPEN Process, if you want to go and there are games are you competency level, you get to go.		Must meet the Training requirements stated above - Maintain Rank	Selection process - leading up to events. Must take part in process to obtain or maintain rank. (be elibible for events)
			Objective Criteria specific to this stage (measurable outcomes - as outlined in matrix) and complimented by Subjective	Clear and transperant process based on Objective Criteria specific to this stage (measurable outcomes - as outlined in matrix) and complimented by Subjective criteria.	Clear and transperant process based on Objective Criteria specific to this stage (measurable outcomes - as outlined in matrix) and complimented by Subjective criteria.
		Public = availble to those involved in the process.	feedback process. (Where did I rank,	Public and established ranking and feedback process. (Where did I rank, What do I need to work on?)	Public and established ranking and feedback process. (Where did I rank, What do I need to work on?)
					SEE TRAINING REQUIRED
			COMMUNITY ALL INCLUSIVE		